



ANTI-DOPING POLICY OF SINGAPORE

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1 Introduction

- 1.1 Anti-Doping Singapore (“ADS”) was established and designated by the Government of Singapore as the National Anti-Doping Organization (NADO) to promote and support the eradication of doping in sport in Singapore.
- 1.2 The Government of Singapore was a signatory to the Copenhagen Declaration on Anti- Doping in Sport (2003) and had also ratified the United Nations Educational, Scientific and Cultural Organisation’s (UNESCO) International Convention Against Doping in Sport (2005), thereby formally recognising Singapore’s commitment to the implementation of the World Anti-Doping Code (“Code”).
- 1.3 The Code provides a framework for the harmonisation of anti-doping policies, rules and regulations across all sports and countries in the world. In honouring Singapore’s commitment to the Code, the Anti-Doping Policy of Singapore (“Policy”) and the ADS Anti-Doping Rules (“Rules”) have been developed for all National Sports Associations (“NSAs”) and its Participants to observe and comply with.

2 Purpose of the Policy

- 2.1 Fundamental to sport being enjoyed by all is the way sport is played. There must be a commitment across all sports in ensuring standards are set for fair play and then enforced. To achieve the highest levels of integrity and sporting conduct, it is necessary for Sports Organisations, nationally and internationally, to work together. A commitment to common goals and harmonisation, particularly with respect to anti-doping, is crucial to the development of sport.
- 2.2 Doping in sport is fundamentally contrary to the spirit of sport and is detrimental to the positive impact of sport in society. The elimination of doping in sport requires a commitment by all to ethical practices, as well as sanctioning of Participants who are found guilty of a doping violation.
- 2.3 This Policy and the ADS Rules are designed to assist NSAs in ensuring compliance with the anti- doping rules of ADS, their International Federation and those of the Code. By stipulating the minimum standards and procedures (based on best practice) expected to be applied by NSAs in implementing this Policy and the Rules, ADS aims to promote a more co-ordinated and consistent approach to testing by all sports.
- 2.4 In recognition of the above, this Policy is based on the following general principles:
 - (a) Cheating and abuse in sport are unacceptable and are to be condemned;
 - (b) The welfare of Athletes and other sports Participants is the paramount concern;
 - (c) All Participants in sports have the right to be protected from abuse in sport;
 - (d) Sporting conduct and the spirit of sport are fundamental to the enjoyment of sport;
 - (e) Fairness in procedure and a commitment to accountability is critical to the effective governance of sport;
 - (f) Anti-doping is an international issue that requires a co-ordinated commitment by all Sport Organisations; and

- (g) All personal data in connection with anti-doping activities is to be protected and processed in accordance with the requirements of the current WADA International Standard for the Protection of Privacy and Personal Information.

3 Aims and Objectives of the Policy

3.1 The aim of this Policy is **“To ensure sports in Singapore is free of doping.”**

3.2 The following objectives of the Policy serve to support its aim:

- (a) To promote a culture of Clean Sport in Singapore;
- (b) To establish programmes involving education, prevention, detection, deterrence, research and other measures;
- (c) To establish consistent standards of anti-doping policy, testing and education across Singapore; and
- (d) To encourage and build upon national and international harmonisation of anti-doping in sport.

3.3 This Policy sets out ADS' commitment to anti-doping, the roles and responsibilities of the various stakeholders in sport, the compliance requirements and penalties for non-compliance.

3.4 To enable this Policy and the Rules to be carried out in Singapore, ADS has been designated by the Singapore Government as the National Anti-Doping Organisation (“NADO”) having responsibility for all anti-doping matters relating to sport in Singapore.

3.5 To be compliant with the Code and its International Standards, ADS shall:

- (a) Establish, adopt and implement this Policy and the Rules, which conform to the Code and International Standards, with the co-operation and support of NSAs and the Singapore Government;
- (b) Require all NSAs to at all times observe and adhere to this Policy and the Rules;
- (c) Establish and implement an anti-doping programme, provide education and advice for NSAs, Athletes and Athlete Support Personnel to abide by this Policy and the Rules;
- (d) Independently of all sport organisations, governments and other interested parties, plan and carry out doping control testing, including all related activities, with the purpose of combating doping in sport;
- (e) Identify and forward any violations against the Rules for review and determination by an operationally and institutionally independent disciplinary panel (and, where applicable, an operationally and institutionally independent appeal panel), which shall be appointed by the Singapore Government and whose members shall be independent of ADS' operations and any of the parties involved in the matter under review;
- (f) In cooperation with the sporting community, plan and carry out information and education activities, and anti-doping research activities for the purpose of achieving doping-free sport;

- (g) Encourage reciprocal Testing between NADOs;
- (h) Support international advocacy for doping-free sport, including liaison and partnerships with other domestic and international organizations, other Anti-Doping Organisations and WADA;
- (i) Comply with all other responsibilities listed in Article 20.5 of the Code, as may be amended from time to time.

4 Education

- 4.1 The basic principle for information and education programmes shall be to support the preservation of the spirit of sport, as outlined in the World Anti-Doping Code, and to help foster a Clean Sport environment.
- 4.2 The primary goal shall be to educate and inform Athletes, Athlete Support Personnel and other Persons about issues concerning doping in sport, and the risks of inadvertent doping.
- 4.3 ADS will assist NSAs in the planning, implementation and monitoring of information and education programmes on doping-free sport for their Athletes, Athlete Support Personnel and other Persons. The programmes should provide Participants with updated and accurate information on various issues, including:
 - (a) Substances and methods on the Prohibited List;
 - (b) Health consequences of doping;
 - (c) Sample collection procedures; and
 - (d) Athlete's rights and responsibilities
 - (e) Anti-Doping Rule Violations (ADRV)
 - (f) Any other education contents
- 4.4 All NSAs and Athlete Support Personnel have a responsibility to educate and counsel Athletes on the principles and provisions of this Policy and the Rules.
- 4.5 ADS, NSAs and Participants shall cooperate with each other and the Singapore Government to coordinate their efforts in anti-doping information and education.
- 4.6 ADS will also promote and seek to collaborate with the relevant Singapore Government departments to implement and monitor information and education programmes on doping-free sport for society in general.

5 Application to and Obligations of NSAs

- 5.1 All NSAs shall recognize and accept the authority of ADS as the designated NADO responsible for all anti-doping matters relating to sport in Singapore, and fully support the efforts of ADS in the fight against doping in sport. All NSAs, including their Athletes, Athlete Support Personnel and affiliated members, are further obliged to observe, abide by and implement the anti-doping measures set out in the Code.
- 5.2 NSAs committed to doping-free sport shall accept and endorse this Policy and the Rules which are established in accordance with the Code as the basis for the fight against doping in sport.
- 5.3 All NSAs shall, at all times and in respect of its affairs and activities, observe, abide by and implement the provisions of this Policy and the Rules.

5.4 Each NSA shall designate one staff member or other person to act as its Anti-Doping Officer in charge of the NSA's anti-doping functions, who shall also be responsible for ensuring that the NSA satisfies the requirements of this Policy and the Rules (including liaising with ADS as required).

6 Application to and Obligations of Athletes and Athlete Support Personnel

6.1 Individuals are bound by this Policy by virtue of the relationship which exists between NSAs and their members or Participants through their agreement to participate in sport according to its rules. In this regard, this Policy applies to:

- (a) All individuals who are members of a NSA, regardless of nationality or where they reside or are situated;
- (b) All individuals who are members of a NSA's affiliated members clubs, teams, associations or leagues;
- (c) All individuals who participate in any capacity in any activity organised, convened or authorised by a NSA or its affiliated members clubs, teams, associations or leagues; and
- (d) All individuals who participate in any capacity in any activity organized, held, convened or authorized by a National Event organization or a national league not affiliated with a NSA.

6.2 In so doing, all individuals recognise ADS as the authority responsible for administering this Policy, the Rules and carrying out the ADS Anti-Doping Programme. All individuals shall, in accordance with the Code, support and abide by this Policy and the Rules.

6.3 Athletes must

- (a) acknowledge and recognise the authority of ADS;
- (b) shall be knowledgeable of and comply with all applicable anti-doping policies and rules adopted pursuant to the World Anti-Doping Code;
- (c) shall cooperate with ADS and all other recognized World Anti-Doping Code-compliant anti-doping organizations ("**Anti-Doping Organizations**") with respect to their anti-doping programmes and investigations into anti-doping rule violations;
- (d) shall provide up-to-date and accurate information and/or updates to the NSA and/or SportSG on his whereabouts for purposes of out-of-competition doping testing when included in testing pools (whether domestic or otherwise) established and administered by any International Federation, the World Anti-Doping Agency and/or ADS;
- (e) shall allow personal and medical information and data submitted to ADS in accordance with the ADS Anti-Doping Rules to be utilized by ADS, Anti-Doping Organizations and/or other relevant organizations requiring the information for the purposes of implementing the World Anti-Doping Code;
- (f) shall make himself available for sample collection;
- (g) shall be strictly responsible for what he ingests and uses in the context of anti-doping;
- (h) shall not knowingly use Prohibited Substances or Prohibited Methods;

- (i) shall inform medical personnel of his obligations not to use Prohibited Substances and Prohibited Methods and take responsibility to ensure that any medical treatment received does not violate anti-doping policies and rules adopted pursuant to the World Anti-Doping Code;
- (j) shall take responsibility to ensure appropriate Therapeutic Use Exemption applications are submitted to ADS for approval as soon as a medical condition requiring the use of Prohibited Substances or Prohibited Methods for treatment is diagnosed; and
- (k) shall take responsibility to ensure he receives anti-doping education by completing appropriate resources provided by ADS and/or other Anti-Doping Organizations. (eg. World Anti-Doping Agency (WADA)'s Anti-Doping Education & Learning (ADEL) platform.
- (l) Comply with any other obligation listed in Article 20 of the ADS Anti-Doping Rules.

6.4 Athlete Support Personnel must:

- (a) Have knowledge of and comply with all anti-doping policies and rules which are applicable to them or the Athletes they support;
- (b) Cooperate with ADS and other recognised Code-compliant international anti-doping programmes;
- (c) Inform medical personnel of the obligations on an Athlete not to Use Prohibited Substances and Prohibited Methods and to take responsibility for ensuring that medical treatment received by an Athlete does not violate anti-doping policies and rules pursuant to the Code, particularly the rules of procedure for Therapeutic Use Exemptions;
- (d) Positively influence the values and behaviour required to foster Clean Sport;
- (e) To disclose to their National Anti-Doping Organization and International Federation any decision by a non-Signatory finding that they committed an anti-doping rule violation within the previous ten (10) years.and
- (f) Comply with any other obligation listed in Article 21 of the ADS Anti-Doping Rules.

7 Application to and Requirements of Multi-Sport / Multi-Service / Major Games Organisations

7.1 Multi-Sport/Multi-Service/Major Games Organisations who provide a wide range of services and/or programmes to the Singapore sport community shall endorse and support this Policy and the Rules.

8 Sanctions

8.1 Athletes and Athlete Support Personnel who are found guilty of a doping violation in accordance with this Policy, the Rules or the rules of their sport will be subject to sanctions (including the withholding of financial support pursuant to Article 12 of the Rules).

8.2 As a condition of receiving financial and/or other assistance from the Singapore Government and/or ADS, an NSA must accept and abide by the spirit and terms of the ADS Anti-Doping Programme and the Rules. In the event of a NSA failing to comply with this Policy or the Rules, ADS will conduct a review and impose appropriate sanctions, including getting the relevant authorities to withhold financial and/or other support.

9 Commencement and Review of the Policy

- 9.1 This Policy came into full force and effect on 1st June 2010 and was last reviewed on 27 October 2023.
- 9.2 The ADS Board will review this Policy on an annual basis (or as often as required, eg when changes are made to the Code or International Standards).
- 9.3 A review of this Policy may result in amendments to this Policy and/or the Rules. ADS will notify NSAs of any such amendments.

10 Reporting

- 10.1 Under the provisions of the Code, ADS will provide an annual report to WADA and participate in independent NADO reviews as required.